

Mt Airy Pediatrics, PC
6673 Germantown Ave
Philadelphia, PA 19119-2252
Tel#215-247-2996/ Fax#215-247-7504
www.mtairypediatrics.com

* Mental Health benefits are generally managed by a designated company chosen by your health insurance carrier. In order for your mental health services to be covered by your health insurance company, you may have to receive services from mental health providers that are designated as in network by your health insurance.

If you have one of the following HMO's you may contact them to obtain the specifics of your mental health benefits

Aetna Health Plans: Please refer to the number on your health insurance card or your benefits booklet

Independence Blue Cross/Keystone Health Plan East: Magellan 1800-688-1911 or refer to the number on your insurance card.

Keystone Mercy Health Plan: Philadelphia County 1888-545-2600, Montgomery County 1877-769-9782

If your child is experiencing a mental health emergency, or if you think your child may be a danger to him/herself or others call 911 or go to the Philadelphia Children's Crisis Response Center, 3300 Henry Ave Falls Two Building, 3rd Floor, Philadelphia 19129. Telephone # 215-878-2600. Hours of operation: 24 hours/7 days per week.

Does your child require an urgent, same-day behavioral health evaluation? Contact People Acting To Help (PATH), 8220 Castor Ave, Philadelphia 19152 Telephone# 215-728-4651.

Do you require assistance or guidance regarding your child's behaviors or emotions? Call Philadelphia Crisis Line Telephone#215-685-6440 24 hours/7 days per week

Here are some additional counseling and mental health resources. These providers may not participate in your insurance plans, but some will offer sliding scale fees for those who would like to use their services despite that. Please make sure to contact your health insurance plan prior to making an appointment to verify whether services might be covered by a particular provider.

-Bala Psychological Resources
Bala Avenue, Ste 110
610-667-4804
www.balapsych.com

-Childrens' Crisis Treatment Center
1080 North Delaware Ave, Suite 600
Philadelphia, PA 19125
215-496-0707
www.cctckids.org

A Way Thru
www.waythru.org

-Growth Through Play Therapy Associates
Wendy Caplin, Ph.D., RPT-S
215-248-9446
www.growththroughplaytherapy.com

-Care Connection Counseling Center
Philadelphia and Bucks County
Tel# 215-331-3200 or 215-757-6558
www.careconnectioncounseling.com

-Greenridge Counseling Center
6122 Ridge Ave
Philadelphia, PA 19128
215-487-1330

-CM Counsel
In Exton, Plymouth Meeting, Roxborough
610-524-0780 Exton
610-825-9400 Ply Mtg. and Roxb.
www.CMCounsel.com

-LaSalle University Community Center for counseling
LaSalle University campus
215-951-1006

-Gerry Davis Counseling
Offices in Mt. Airy and West Philly
610-308-0381

-Diane Langberg and Associates
512 West Ave
Jenkintown, PA 19046
www.dianelangberg.com

-Robin Axelrod Sabag, LCSW, MFT
Offices in Bala Cynwyd and Jenkintown
215-272-8056
www.robinsabagtherapy.com

-Mt. Airy Psychotherapy Practices
7149 Germantown Ave, 2nd floor
Philadelphia, PA 19119
215-242-5004
www.mtairypsychotherapy.org

-Psychological Services and Human Development Center
220 Commerce Drive
Fort Washington, PA 19034
215-620-8397
www.pshdc.com

-Rebecca Tendler, Ph. D
8627 Germantown Ave
Philadelphia, PA 19118
215-836-2080
www.grief-traumatotherapy.com

-Creative Connections Therapy, LLC
7058 Germantown Ave, Suite 204
Philadelphia, PA 19119
267-422-4858
www.creative-connections-therapy.com

-Delaware County Professional Services
Offices in Philadelphia, Montgomery and Delaware County
610-892-3800
www.dcpsonline.com

-Sherrie Lonker M.A. ATR-BC, LPC
7916-26 Queen Street, Ste 100
Wyndmoor, PA 19038
215-370-6438

-Philmont Guidance Center, P.C.
Offices in Philadelphia and its suburbs
215-233-2425 (Phila), 215-914-2119 (Huntingdon Valley)
www.philmontguidance.com

-Elizabeth Pollak, LCSW
Offices in Mt. Airy
Tel#215-687-7570
epollak0907@gmail.com

-Sheila Mcmanus, Ph. D.
234 West Highland Avenue
Philadelphia, PA 19118
215-247-2127

-Alternative Choices Counseling and Psychotherapy
319 Vine Street #110
Philadelphia, PA 19106
215-592-1333
www.alternativechoices.com
(special interest in autism spectrum disorders)

-GSK Crystal Group Associates, LLP
Wyndmoor
Center City
215-233-3994
www.gksw.com

-Collaborative Psychiatric Associates
Offices in Abington, Willow Grove,
Bala Cynwyd and Harleysville
215-884-1776 Abington
215-366-5044 Willow Grove
484-270-8817 Bala Cynwyd
www.collaborativecare.org

-Behavioral Health Choices
1013 West 9th Ave, Suite C
King of Prussia, PA 19406
484-685-0965
www.behavioral-health-choices.com

-People Acting to Help, Inc
8220 Castor Ave
Philadelphia, PA 19152
215-728-4565 (accepts Medicaid and uninsured)
www.pathcenter.org

-Wayfarers
Laurie Patterson, LCSW and Carol Martin Johnson, LPC, ATR-BC
(both EMDR certified)
8600 West Chester Pike
Upper Darby, PA 19082
610-387-6056
www.wayfarerscounseling.com

-Gemma Services
Offices in Mt Airy and Plymouth Meeting
215-880-8823
www.gemmaservices.org

-Main Line Therapy Solutions
Offices in Haverford and Conshohocken
610-649-6344
www.mainlinetherapysolutions.com

-Creative Healing Counseling
1811 Bethlehem Pike, Suite 102
Flourtown, PA 19031
610-813-2575
www.creativehealingphilly.com

The People's Therapy Group
6704 Germantown Ave, Suite 200
Philadelphia, PA 19119
215-606-3414
www.thepeoplestherapygroup.com

The Center for Family Empowerment
602 Willow Street
Jenkintown, PA 19046
215-278-9942
www.centerforfamilyempowerment.com

Intercultural Family Services, Inc.
4225 Chestnut St
Philadelphia, PA 19104
215-386-1298
215-386-8490
www.ifsinc.org

Bala Child & Family Associates
1 Bala Avenue, Suite 125
Bala Cynwyd, PA 19004
610-667-7137
<https://balachildfamily.com/>

Better Being Blue Bell
Dr. Krista Mancarella
6198 Butler Pike, Suite 125
Blue Bell, PA 19422
215-300-1375
<https://betterbeingbluebell.com/>

The Resiliency Center
1811 Bethlehem Pike, Suite 212-213
Flourtown, PA 19031
215-233-2002
<https://theresiliencycenter.com/>

People First Therapy Group
201 S 18th Street
Philadelphia, PA 19103
267-314-7141
<https://peoplefirsttherapy.org>

Anxiety

-Temple Child and Adolescent Anxiety Disorders Clinic
Moore, Weiss Hall at Temple University
215-204-7165
www.childanxiety.org

-CHOP Child and Adolescent Psychiatry and Behavioral Sciences
13th and Cecil B.
34th & Civic Center Blvd, 19104
Tel# 215-590-7555

-Dr. Katherine Dahlsgaard
<https://www.katherinedahlsgaard.com/>

-CBT Center for Anxiety & OCD
Offices in Media and Lower Gwynedd
Tel# 610-529-1875
www.cbtcenterforanxiety.com

-Children's Center for OCD and Anxiety
3138 Butler Pike, Suite 200
Plymouth Meeting, PA 19462
484-530-0778
www.worrywisekids.org

-Pennsylvania Hospital Anxiety Treatment for Children & Adolescents at Hall Mercer (PATCH)
245 South 8th Street
215-829-5524
patch@uphs.upenn.edu
https://www.med.upenn.edu/hallmercer/patch_about.html

-The CTSA Program The Center for the Treatment and Study of Anxiety at the University of Pennsylvania
3535 Market Street, 6th Floor
Philadelphia, PA 19104
Tel# 215-746-3327
<https://www.med.upenn.edu/ctsa/>

-Main Line Anxiety Treatment for Children (MATCH)
123 Coulter Ave, Ardmore PA 19003
610-649-3186
<https://mainlineanxiety.com/>

-The Center for Emotional Health of Greater Philadelphia
Offices in Cherry Hill and Princeton, as well as telehealth visits
856-220-9672
<http://thecenterforemotionalhealth.com/>

Play Therapy

-Family and Play Therapy Center
6811 Quincy Street
Philadelphia, PA 19119
215-844-4321
www.fptcenter.com

-Donna Landis Brubaker, LCSW, RPT-S
8109 Germantown Ave
Philadelphia, PA 19118
215-753-1153
www.donnalandsbrubaker.com

Psychiatry

-Elizabeth N. Kuh, M.D.
3 Cynwyd Road
Bala Cynwyd, PA 19004
610-667-2030

-Wendy Pecorella., M.D.
8200 Flourtown Ave
Wyndmoor, PA 19038
215-620-8397

-Manelly Ghaffari, M.D.
129 N. 4th Street, OFC 1F
Philadelphia, PA 19106
267-702-0543
www.centercitypsychiatry.com

-Edward Goebel, M.D.
11 Bala Ave
Bala Cynwyd, PA 19004
215-884-7720
Patients 18 and up

Gruenberg and Summers, PC
950 Haverford Rd, Suite 302
Bryn Mawr, PA 19010
610-527-4180
<http://www.gruenbergandsummers.com/>

Abuse and Neglect Issues

-St. Christopher's Hospital Child Protection Program
160 East Erie Ave
Philadelphia, PA 19134
215-427-6869

-Safe Place: The Center for Child Protection and Health @ CHOP
34th and Civic Center Blvd
Philadelphia, PA 19104
215-590-4923