

Mt Airy Pediatrics, PC  
7056 Germantown Ave  
Philadelphia, PA 19119  
Tel#215-247-2996/ Fax#215-247-7504  
[www.mtairypediatrics.com](http://www.mtairypediatrics.com)

\* Mental Health benefits are generally managed by a designated company chosen by your health insurance carrier. In order for your mental health services to be covered by your health insurance company, you may have to receive services from mental health providers that are designated as in network by your health insurance.

If you have one of the following HMO's you may contact them to obtain the specifics of your mental health benefits

**Aetna Health Plans:** Please refer to the number on your health insurance card or your benefits booklet

**Independence Blue Cross/Keystone Health Plan East:** Magellan 1800-688-1911 or refer to the number on your insurance card.

**Keystone Mercy Health Plan:** Philadelphia County 1888-545-2600, Montgomery County 1877-769-9782

***If your child is experiencing a mental health emergency, or if you think your child may be a danger to him/herself or others call 911 or go to the Philadelphia Children's Crisis Response Center, 3300 Henry Ave Falls Two Building, 3<sup>rd</sup> Floor, Philadelphia 19129. Telephone # 215-878-2600. Hours of operation: 24hours/7 days per week.***

Does your child require an urgent, same-day behavioral health evaluation? Contact People Acting To Help (PATH), 8220 Castor Ave, Philadelphia 19152 Telephone# 215-728-4651.

Do you require assistance or guidance regarding your child's behaviors or emotions? Call Philadelphia Crisis Line Telephone#215-685-6440 24 hours/7 days per week

Here are some additional counseling and mental health resources. These providers may not participate in your insurance plans, but some will offer sliding scale fees for those who would like to use their services despite that. Please make sure to contact your health insurance plan prior to making an appointment to verify whether services might be covered by a particular provider.

-Bala Psychological Resources  
Bala Avenue, Ste 110  
610-667-4804  
[www.balapsych.com](http://www.balapsych.com)

-Childrens' Crisis Treatment Center  
1080 North Delaware Ave, Suite 600  
Philadelphia, PA 19125  
215-496-0707  
[www.cctckids.org](http://www.cctckids.org)

-Cornerstone Center for Change  
115 E. Glenside Ave, Suite #6  
Glenside, PA 19038  
215-887-0323

-Growth Through Play Therapy Associates  
Wendy Caplin, Ph.D., RPT-S  
215-248-9446  
[www.growththroughplaytherapy.com](http://www.growththroughplaytherapy.com)

-Care Connection Counseling Center  
Philadelphia and Bucks County  
Tel# 215-331-3200 or 215-757-6558  
[www.careconnectioncounseling.com](http://www.careconnectioncounseling.com)

-Greenridge Counseling Center  
6122 Ridge Ave  
Philadelphia, PA 19128  
215-487-1330

-CM Counsel  
In Exton, Plymouth Meeting, Roxborough  
610-524-0780 Exton  
610-825-9400 Ply Mtg. and Roxb.  
[www.CMCounsel.com](http://www.CMCounsel.com)

-LaSalle University Community Center for counseling  
LaSalle University campus  
215-951-1006

-Gerry Davis Counseling  
Offices in Mt. Airy and West Philly  
610-308-0381

-Diane Langberg and Associates  
512 West Ave  
Jenkintown, PA 19046  
[www.dianelangberg.com](http://www.dianelangberg.com)

-Robin Axelrod Sabag, LCSW, MFT  
Offices in Bala Cynwyd and Jenkintown  
215-272-8056  
[www.robinsabagtherapy.com](http://www.robinsabagtherapy.com)

-Mt. Airy Psychotherapy Practices  
7149 Germantown Ave, 2nd floor  
Philadelphia, PA 19119  
215-242-5004  
[www.mtairypsychotherapy.org](http://www.mtairypsychotherapy.org)

-Psychological Services and Human Development Center  
220 Commerce Drive  
Fort Washington, PA 19034  
215-620-8397  
[www.pshdc.com](http://www.pshdc.com)

-Rebecca Tendler, Ph. D  
8627 Germantown Ave  
Philadelphia, PA 19118  
215-836-2080  
[www.grief-traumatotherapy.com](http://www.grief-traumatotherapy.com)

-Creative Connections Therapy, LLC  
7058 Germantown Ave, Suite 204  
Philadelphia, PA 19119  
267-422-4858  
[www.creative-connections-therapy.com](http://www.creative-connections-therapy.com)

-Delaware County Professional Services  
Offices in Philadelphia, Montgomery and Delaware County  
610-892-3800  
[www.dcpsonline.com](http://www.dcpsonline.com)

-Sherrie Lonker M.A. ATR-BC, LPC  
7916-26 Queen Street, Ste 100  
Wyndmoor, PA 19038  
215-370-6438

-Philmont Guidance Center, P.C.  
Offices in Philadelphia and its suburbs  
215-233-2425 (Phila), 215-914-2119 (Huntingdon Valley)  
[www.philmontguidance.com](http://www.philmontguidance.com)

-Elizabeth Pollak, LCSW  
Offices in Mt. Airy  
Tel#215-687-7570  
[epollak0907@gmail.com](mailto:epollak0907@gmail.com)

-Sheila Mcmanus, Ph. D.  
234 West Highland Avenue  
Philadelphia, PA 19118  
215-247-2127

-Alternative Choices Counseling and Psychotherapy  
319 Vine Street #110  
Philadelphia, PA 19106  
215-592-1333  
[www.alternativechoices.com](http://www.alternativechoices.com)  
(special interest in autism spectrum disorders)

-GSK Crystal Group Associates, LLP  
Wyndmoor  
Center City  
215-233-3994  
[www.gksw.com](http://www.gksw.com)

-Collaborative Psychiatric Associates  
Offices in Abington, Willow Grove,  
Bala Cynwyd and Harleysville  
215-884-1776 Abington  
215-366-5044 Willow Grove  
484-270-8817 Bala Cynwyd  
[www.collaborativecare.org](http://www.collaborativecare.org)

-Behavioral Health Choices  
1013 West 9th Ave, Suite C  
King of Prussia, PA 19406  
484-685-0965  
[www.behavioral-health-choices.com](http://www.behavioral-health-choices.com)

-People Acting to Help, Inc  
8220 Castor Ave  
Philadelphia, PA 19152  
215-728-4565 (accepts Medicaid and uninsured)  
[www.pathcenter.org](http://www.pathcenter.org)

-Wayfarers  
Laurie Patterson, LCSW and Carol Martin Johnson, LPC, ATR-BC  
(both EMDR certified)  
8600 West Chester Pike  
Upper Darby, PA 19082  
610-387-6056  
[www.wayfarerscounseling.com](http://www.wayfarerscounseling.com)

-Silver Springs-Martin Luther School Outpatient Services  
Offices in Mt Airy and Plymouth Meeting  
215-880-8823  
[www.silver-springs.org](http://www.silver-springs.org)

-Main Line Therapy Solutions  
Offices in Haverford and Conshohocken  
610-649-6344  
[www.mainlinetherapysolutions.com](http://www.mainlinetherapysolutions.com)

-Creative Healing Counseling  
1811 Bethlehem Pike, Suite 102  
Flourtown, PA 19031  
610-813-2575  
[www.creativehealingphilly.com](http://www.creativehealingphilly.com)

The People's Therapy Group  
6704 Germantown Ave, Suite 200  
Philadelphia, PA 19119  
215-606-3414  
[www.thepeoplestherapygroup.com](http://www.thepeoplestherapygroup.com)

The Center for Family Empowerment  
602 Willow Street  
Jenkintown, PA 19046  
215-278-9942  
[www.centerforfamilyempowerment.com](http://www.centerforfamilyempowerment.com)

Intercultural Family Services, Inc.  
4225 Chestnut St  
Philadelphia, PA 19104  
215-386-1298  
215-386-8490  
[www.ifsinc.org](http://www.ifsinc.org)

Bala Child & Family Associates  
1 Bala Avenue, Suite 125  
Bala Cynwyd, PA 19004  
610-667-7137  
<https://balachildfamily.com/>

Better Being Blue Bell  
Dr. Krista Mancarella  
6198 Butler Pike, Suite 125  
Blue Bell, PA 19422  
215-300-1375  
<https://betterbeingbluebell.com/>

## Anxiety

-Temple Child and Adolescent Anxiety Disorders Clinic  
13th and Cecil B. Moore, Weiss Hall at Temple University  
215-204-7165  
[www.childanxiety.org](http://www.childanxiety.org)

-CHOP Child and Adolescent Psychiatry and Behavioral Sciences  
Katherine Dahlsgaard, PhD  
34th & Civic Center Blvd, 19104  
Tel# 215-590-7555

-Child and Adolescent, OCD, TIC, TRICH, and Anxiety Group (COTTAGE)  
University of Penn Center for the Treatment & Study of Anxiety  
3535 Market St, 6th Floor  
215-746-3327  
[www.med.upenn.edu/cottage](http://www.med.upenn.edu/cottage)

-Children's Center for OCD and Anxiety  
3138 Butler Pike, Suite 200  
Plymouth Meeting, PA 19462  
484-530-0778  
[www.worrywisekids.org](http://www.worrywisekids.org)

-Pennsylvania Hospital Anxiety Treatment for Children & Adolescents at Hall Mercer (PATCH)  
245 South 8th Street  
215-829-5524  
[patch@uphs.upenn.edu](mailto:patch@uphs.upenn.edu)  
[https://www.med.upenn.edu/hallmercer/patch\\_about.html](https://www.med.upenn.edu/hallmercer/patch_about.html)

-Main Line Anxiety Treatment for Children (MATCH)  
123 Coulter Ave, Ardmore PA 19003  
610-649-3186  
<https://mainlineanxiety.com/>

-The Center for Emotional Health of Greater Philadelphia  
Offices in Cherry Hill and Princeton, as well as telehealth visits  
856-220-9672  
<http://thecenterforemotionalhealth.com/>

## Play Therapy

-Family and Play Therapy Center  
6811 Quincey Street  
Philadelphia, PA 19119  
215-844-4321  
[www.fptcenter.com](http://www.fptcenter.com)

-Donna Landis Brubaker, LCSW, RPT-S  
8109 Germantown Ave  
Philadelphia, PA 19118  
215-753-1153  
[www.donnalandisbrubaker.com](http://www.donnalandisbrubaker.com)

## Psychiatry

-Elizabeth N. Kuh, M.D.  
3 Cynwyd Road  
Bala Cynwyd, PA 19004  
610-667-2030

-Wendy Pecorella., M.D.  
8200 Flourtown Ave  
Wyndmoor, PA 19038  
215-620-8397

-Manelly Ghaffari, M.D.  
129 N. 4th Street, OFC 1F  
Philadelphia, PA 19106  
267-702-0543  
[www.centercitypsychiatry.com](http://www.centercitypsychiatry.com)

-Edward Goebel, M.D.  
11 Bala Ave  
Bala Cynwyd, PA 19004  
215-884-7720  
***Patients 18 and up***

Gruenberg and Summers, PC  
950 Haverford Rd, Suite 302  
Bryn Mawr, PA 19010  
610-527-4180  
<http://www.gruenbergandsummers.com/>

## Abuse and Neglect Issues

-St. Christopher's Hospital Child Protection Program  
160 East Erie Ave  
Philadelphia, PA 19134  
215-427-6869

-Safe Place: The Center for Child Protection and Health @ CHOP  
34th and Civic Center Blvd  
Philadelphia, PA 19104  
215-590-4923